

# GUIDE TO YOUR CUSTOM AIR BRUSH TAN



"We at Hollywood Tan & Spa understand how intimidating it can be to stand in front of a total stranger and get spray tanned. My staff are fully trained, certified and experienced in spray tanning women and men of all different ages, shapes, and sizes. We've seen it all from scars due to surgeries, burns, stretch marks and skin conditions, etc. Our clients all come in for one reason and that is to get a spray tan that will make them look and feel great. We're here to ensure a comfortable and relaxing "Judgment Free" experience throughout the entire process."

**DINA MANSOUR,**  
OWNER

## PREPARATION AND MAINTENANCE

- **Exfoliate** before each air brush application to remove dry, flaky skin. Shave or wax prior to your Air Brush application.
- **Avoid** using bar soaps, high p.h shower products or in-shower moisturizers. These products can halt the DHA bronzing reaction.
- **STOP! DO NOT APPLY LOTION**  
Do not apply lotions, moisturizer or perfumes prior to your Air Brush application.
- **Remove** make-up and deodorant.
- **Wear dark, loose fitting clothing.**  
Tight clothes can rub off or smear the cosmetic bronzers after your spray tan has been applied.
- **Remove** jewellery.
- **Female Clients** can wear a bathing suit, thong, or whatever makes them feel comfortable.  
(we supply disposable thongs)
- **Male Clients MUST** wear a bathing suit or boxers. Our technician will **ONLY** spray up to the thigh area and not below the waistline. (The technician has the right to refuse service.)

see reverse side →

## MAINTENANCE

- **Don't Sweat!** Avoid activities that may cause you to sweat excessively to avoid streaking the cosmetic bronzer. Remember, you have just been tinted with a water - soluble solution.
- **Avoid Water!** You must avoid water entirely for at least 6 hours or you will stop the tanning action of DHA and/or cause streaking.
- **Avoid Swimming & Spas!** Avoid chemically treated swimming pools and spas for at least 24 hours after your Air Brush application to prevent colour from fading.
- **Cleansing - WAIT to SHOWER!**  
For maximum results wait at least 6 - 12 hours before showering or bathing. (the longer you wait to shower the better.)  
Avoid using bar soaps or high ph products - they will strip and fade your tan rapidly. Proper cleansing insures even fading and the longest lasting, most natural looking **Air Brush Tan** results.  
After bathing, gently "**pat dry**" skin.  
If you must bathe prior to the 6 - 12 hour process period, use **warm water ONLY** (avoid scrubbing or using any harsh soaps.)  
The instant cosmetic bronzer will wash off, as it is designed to do.
- Tanning in U.V. beds will help prolong the life of your Air Brush Tan.
- After you have taken your first shower following your Air Brush Application, moisturize your skin to help extend your tan and keep your skin healthy!



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